

# Transforming Lives:

## Changing Direction with Harsha Foundation

**“You don’t have to stay where you landed. You can rise.”**

At Harsha Foundation, we believe that no matter where you’ve come from, no matter how many times you’ve been knocked down — you can change your direction.

Whether you’re struggling with homelessness, trauma, mental health, addiction, domestic violence, or just feeling lost — we see you. And we’re here to walk beside you.

### **Real Support. Real Change.**

People often want to change but don’t know how or where to begin.  
That’s where we come in — one step at a time.

### **Here’s what we offer:**

Food, clothing, and hygiene packs so you can focus on healing, not surviving.

A safe space to talk without judgment — just real conversations.

Community connection so you don’t feel alone.

Referrals to professional services (mental health, housing, detox, legal, Centrelink).

Workshops and life skills support (goal setting, journaling, budgeting, self-worth building).

Spiritual care and purpose-based recovery for those seeking deeper healing.

Addiction Rehabilitation

Short term Accommodation/Transitional housing Homelessness

Short term Accommodation/Transitional housing Domestic Violence Survivors

Employment Pathways & Skill Development

**And We Will Continue to Implement Support Programs and Assistance as New and Different Situations are brought to our Attention!**

### **Stories of Strength Begin with One Decision**

Maybe you’re at rock bottom.

Maybe you've relapsed.  
Maybe you're scared to hope again.

But change begins with a choice.  
And if you're reading this — that's already a step forward.

### **Your Future Doesn't Have to Look Like Your Past**

With the right support, environment, and belief, you can rise.

We've seen it.  
We've lived it.  
And we'll believe in it with you.

Visit Us in North Perth

Drop by, say hi, or just sit with us a while.

Harsha Foundation Ltd  
Based on Angove Street, North Perth

**We're not here to save you. We're here to walk with you while you CHOOSE,  
EMPOWER & SAVE yourself.**